

# My New Class

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Moving to a new class can be a stressful experience for some children.

We would like to offer you some advice and resources to ease anxiety and help prepare your child for September.

[www.sperrinviewspecialschool.co.uk](http://www.sperrinviewspecialschool.co.uk)



In early August we will restructure the **'Classes and Therapies'** section of the school website.

There you will find photos of the classroom, toilets and play area of each class. A photo of the teacher will also be posted (not classroom assistants at this stage).

These photos can be printed and added to the attached booklet "My New Class".

Over the two or three weeks before returning to school you can look at the pictures with your child. This will help to make the transition less stressful.

A calendar page for the month of August can also help. Cross off the days of "no school" and clearly mark the first day of school as it arrives.

Have a happy holiday!

