

Welcome to the 61st edition of our information bulletin, FYI (For Your Information). We are hurtling towards summer and aim to provide as much information on summer activities in the Southern area as we can, in order to help children and young people re-connect with services and friends and enjoy the school holidays.

The following slide tells how you can join us in promoting and recruiting for your summer activities to a wide audience via a short Zoom session or to simply provide us with information which we can forward to all our contacts via a short template.

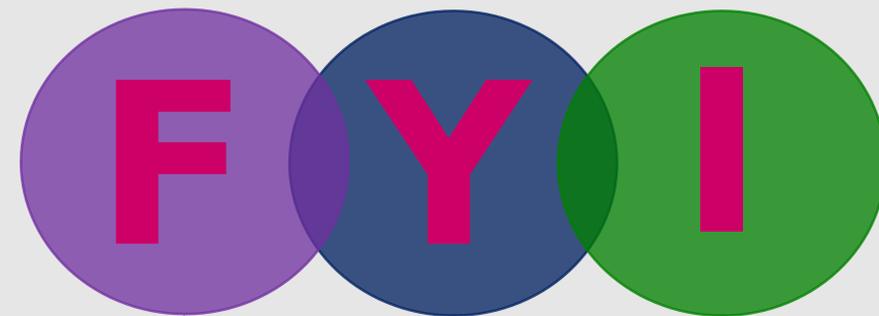
This is the last FYI co-ordinated by Kerry O'Hagan as she moves on from her role as Locality Support Officer on the 22nd June. We wish Kerry all the very best and thank her for all her hard work on FYI and supporting our Locality Planning Groups.

Keep sending in your summer activities information to keep everyone connected!! !!

Kerry O'Hagan and Darren Curtis, Locality Development Team, Southern Area

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For Your Information



Stay connected...

Stay updated...

Stay supported...

www.cypsp.hscni.net



Summer Is Coming!!!

We invite services, organisations and groups to participate in an information sharing event.

Local children's, youth and family support services will share information on Summer activities they have planned for children, young people and families.

The purpose of the event is to provide other organisations and colleagues with this information so that they in turn can share it with families & children with whom they work.

Times & Dates:

Friday 25th June: 10-11.30 am for ABC Council areas

Monday 28th June 10-11.30 am for Newry & Mourne and South Armagh areas

Tuesday 29th June 10-11.30 am for Mid Ulster areas

See next page for more information and details on how to register
(All sessions to be held via Zoom)



Summer Is Coming!!!

Further Information

- ✓ Are you organising summer activities for children & young people?
- ✓ Do you want to share this information with other services?
- ✓ Do you also want to find out what is happening in the summer for families, children or young people in your area so you can pass it on?

Come along to one of our information sessions where you can tell us what you have planned and find out what else is on offer in your area. We welcome multiple representatives from any group if you have a number of activities in different locations.

All information will be recorded on one template and collated for distribution as a result of the events.

If you are providing summer activities but cannot make the event in your area, please contact us immediately to receive a template to complete for inclusion in our final distribution list.

Registration via Eventbrite – click the links below:

Friday 25th June: 10-11.30 am ABC Council areas Click [HERE](#)

Monday 28th June 10-11.30 am Newry & Mourne/S Armagh Click [HERE](#)

Tuesday 29th June 10-11.30 am Mid Ulster areas Click [HERE](#)

For more information, contact Darren Curtis, Locality Development Officer (Southern Area), at Darren@ci-ni.org.uk or 02895 363966

To Register

Friday 25th June Click [HERE](#)

Monday 28th June Click [HERE](#)

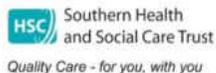
Tuesday 29th June Click [HERE](#)

If you are unable to make any of these events but have summer activities you wish to advertise through us, please e-mail Darren@ci-ni.org.uk to obtain a template for completion which will be read out at the event(s) and included in our final resource.

Further details: Darren Curtis
on darren@ci-ni.org.uk

Carers Week 2021

7-13 June



Further information: [CLICK HERE](#)

Carers' Week 7-13 June 2021

Full week of activities FOR CARERS to recognise and appreciate their invaluable contribution throughout the year.

For all Carers, this has been a most challenging year. Let us help you build resilience, adapt and recover. Join us for a week of fun activities, have a laugh with friends, enjoy the outdoors, learn about self care, enjoy Indian Cooking the easy way, join a virtual coffee morning for carers, learn to juggle, meet other carers from the area and enjoy some light activity in: Dungannon Park; Havelock Park, Banbridge; Palace Demesne, Armagh and Kilbroney Park, Rostrevor.

We can't wait to connect with you during this
♥ fun filled week of activities for our amazing Carers ♥

Advice for Carers and Young Carers During COVID-19 Pandemic has been updated to include new information around COVID vaccinations for carers. [Read more.](#)

Message to Carers

We understand that the COVID-19 virus is causing concern to many informal family carers at this time. If you have any concerns about your role as a Carer please contact: Carers Trust Support service.

Armagh & Dungannon	Phoibe Rice	T: 07826 800508
Neary & Eglantine	Lorraine Murphy	T: 07702 819 189
Craigavon & Banbridge	Michelle Mault	T: 07702 819 111

For all other queries contact:
SHSCT Carers Coordinator Clare Forsythe
T: 028 3786 8284 E: carers.coordinator@southerntrust.hscni.net

We recognise the essential and valuable role that carers play and we are committed to ensuring that carers are supported in their caring role.

Care during COVID-19?

Are you caring for a vulnerable family member? Would you be willing to take part in a small study of caring for a very vulnerable family member during the COVID19 lockdown. This study is funded by the School of Social Sciences, Education and Social Work, at Queen's University Belfast. We want to find out about the

emotional impact the pandemic is having on carers in families. Contact Lisa Smyth to find out more: 07706831286, or L.Smyth@qub.ac.uk

Website: <http://www.qub.ac.uk/schools/ssesw/research/ProjectsandCollaborations/>

Support and information during COVID-19

CARE DURING COVID?

ARE YOU CARING FOR FAMILY MEMBERS?

Caring for a vulnerable person? Working on the frontline? Unable to work from home?

How are you coping?

WOULD YOU TALK TO A RESEARCHER?

SPONSORS

CONTACT

- [NEW ID CARD FOR CARERS LAUNCHED](#)
- [COVID19 general info in NI](#)
- [Centre for Independent Living – some FAQs around Direct Payments/Personal Assistants](#)
- [Advice for Carers during Covid-19 – Dept of Health](#)
- [Vaccine information for carers \(page 8\)](#)
- [COVID-19 Advice for Carers and Young Carers During COVID-19 Pandemic](#)
- [Covid Vaccine Booking FAQs Feb 2021](#)

[Carers' Support | Southern Health & Social Care Trust \(hscni.net\)](#)



VIRTUAL TRAUMA RECOVERY SUMMIT 2021

HOSTED LIVE FROM TITANIC BELFAST

21-23 JUNE 2021

Keynote speakers including:



Stephen Porges



Bessel van der Kolk



Gabor Maté



Janina Fisher



Kenneth Hardy



Elaine Miller-Karas

INFO & TICKETS

traumasummit.com

Join us for a packed schedule of world-leading experts, panel discussions, exhibitors, workshops and more over 3 days. You can see our full schedule, speakers, and book your ticket on our website - traumasummit.com

The Summit will examine a range of treatment modalities to heal trauma and how delegates can incorporate these into their own professional practice.

Working within the field of social, youth and community, we wanted to highlight the following speakers, presenting the latest knowledge and understanding to deliver positive outcomes on the road to recovery for your clients and patients:

- **Kenneth V. Hardy** - Healing the Hidden Wounds of Racial Trauma
- **Gabor Maté** - Keynote - What is Compassionate Inquiry?
- **Elaine Miller-Karas** - Keynote - The Trauma Resiliency Model (TRM®) Approach
- **Holly Perrault** - Lived experience story
- **Stephen Hughes & Vivian McKinnon** - Exploring trauma in young people/communities/vulnerable adults and how as a society we can break the cycle and bring about healing.

During the three days you will have the opportunity to:

- Network with over 2,500 professionals from around the world on a digital platform
- Take part in breathing and mindfulness exercises
- **CPD accreditation – 19 points**

Key features of our digital platform – Whova:

- Watch pre-recorded workshops and tune into a live feed of keynote presentations
- Engage with and follow delegates through live polls, Q&A sessions, Ice breaker groups and also create virtual meet-ups after the event
- **Delegates will have access to the event for 6 months post conference date**

Full details of speakers and event timetable can be found on our website at www.traumasummit.com
If you would like to secure your place, you can book your ticket [HERE](#) or contact us to arrange invoice. If you would like to confirm booking, or have any further questions please contact me by email or on 028 9751 2138.

 **PI.P.S.**
Hope and Support

www.pipshopeandsupport.org



ALCOHOL AWARENESS WEEK WORKSHOP
Tuesday 15th June @ 6:00pm

Facilitated by:
 **DUNLEWEY**
ADDICTION SERVICES

For Alcohol Awareness Week, join PIPS Hope and Support for this awareness workshop where participants will gain a better understanding of the following: what alcohol is, stages and levels of use, the four stages of intoxicification, why people drink, impact of alcohol use physically, emotionally & socially, Long & short term effects, how to reduce alcohol use, dependency & recovery and where to get help/support.

Please note this is not a support group or group therapy.
All screens must be switched on to allow as close to face to face conditions as possible.

TO BOOK YOUR PLACE TODAY
T: 028 3026 6195
E: training@pipshopeandsupport.org

Rare Disease 'Living Well With ...' Programme



June 17th @11am
Patient Empowerment /Advocacy Session

with Guest Speakers from the Patient Client Council & Care Opinion

A unique session to help Patients & Carers be proactive in their own health care.

Delivered Virtually Via ZOOM

To sign up Email: info@nirdp.org.uk or call 07704476929

#StrongerTogether

 Patient and Client Council
Your voice in health and social care

 Care Opinion
What our carers say

 The Rank Foundation
a pebble in the pond

Children in Northern Ireland 

Live Virtual Training

Co-Parenting - Think Family (Relate NI)
Mon 14th June
 09:30 – 13:00

Grief & Loss - Think Family (Relate NI)
Fri 18th June
 09:30 – 13:00

Mental Health & Well-being Think Family project
Mon 21st June
 10:00 – 16:00

Designated Officer
Tue 29th June
 09:30 – 12:30

Child Protection Practice
Tue 29th June
 13:30 – 16:30

Non-Binary Awareness (The Rainbow Project)
Wed 30th June
 14:00 - 16:00

Managing Challenging Behaviours
Mon 5th July
 09:30 – 12:30

Online Child Protection
Tues 6th July
 09:30 - 12:30

Child Protection Practice
Thurs 8th July
 09:30 – 12:30

Booking:
www.ci-ni.org.uk/training

Training is only available to those who work / volunteer for a voluntary, charitable, faith or community based organisation.



Children in Northern Ireland 

Live Virtual Training

Supporting Families Through Parental Mental Illness
Fri 21st May, 10am - 4pm
Trainer: Andrea Kearns

Mental Health Think Family Project
Mon 24th May,
Thurs 3rd June or
Mon 21st June, 10am - 4pm
Trainers: Andrea Kearns & Adele Boyd

Understanding Substance Use and Supporting Families
Wed 2nd June, 10 - 4pm
Trainer: Andrea Kearns & Kathy Faulkner

Think Family Model™
Fri 10th June, 10am - 3:30pm
Trainers: Sarah Watt & Stephanie Harvie

Co-Parenting
Mon 14th June,
9:30am - 1pm
Trainer: Dr Vincent O'Rourke, Relate

Grief & Loss
Fri 18th June,
9:30am - 1pm
Trainer: Gwilym Roberts, Relate NI

Adolescent Mental Health
Mon 28th June,
10am - 4pm
Trainers: Ciarán Traynor & Andrea Kearns

Non Binary Awareness
Wed 30th June,
2pm - 4pm
Trainer: Leo Lardie, The Rainbow Project

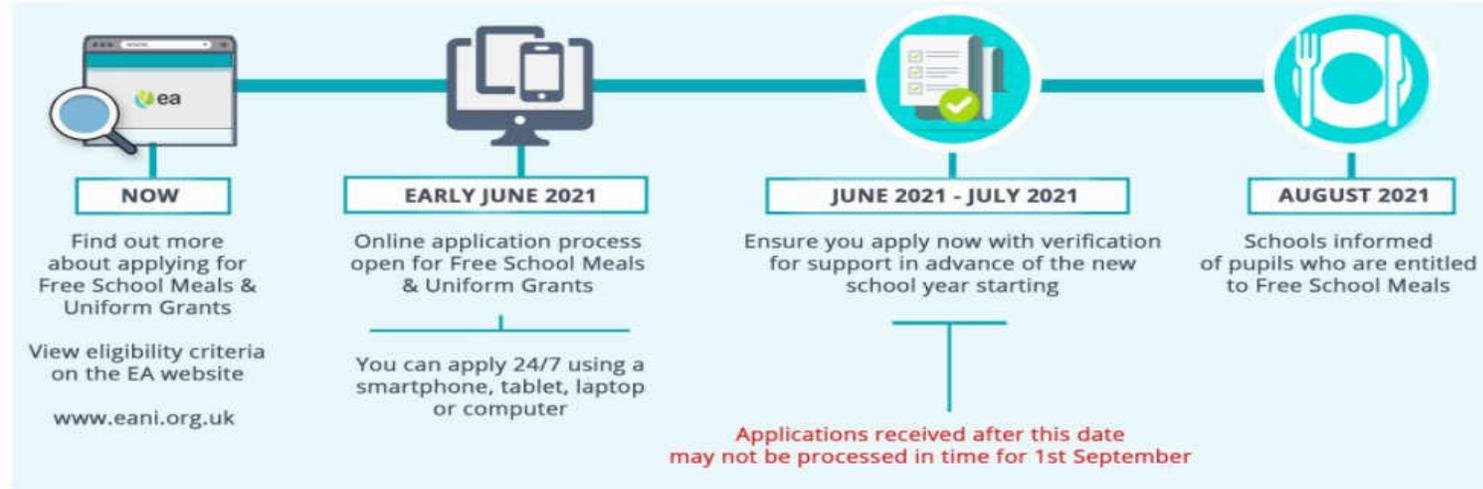


Course Info & Booking:
www.ci-ni.org.uk/training

Our funding restrictions are such that this training is only available to those who work / volunteer for a voluntary, charitable, faith or community-based organisation only.

Apply for Free School Meals / Uniform Grants

ea KEY DATES FOR PARENTS : FREE SCHOOL MEALS & UNIFORMS APPLICATION



Meals and Uniform Service Contact Details

If additional information is required or any difficulty is experienced, parents can contact the Meals and Uniform Service. Contact Monday – Friday 9am – 4.30pm by:

Telephone: **028 9041 8044**

Email:

mealsanduniform@eani.org.uk

Apply Online for September 2021/22

Free School Meals / School Uniform / Physical Education Clothing applications for 2021/22 school year can now be made online by clicking the link below.

[Apply Online](#)

Teen Programmes

Programme: Odyssey Parenting your Teen

Attendees: Parents and Carers
Age range: Teenagers
Start date: 5 October 2021
Duration: 8 Weeks
Time: 7pm - 9pm
Location: TBC

Programme: Odyssey Parenting your teen

Start date: 18 January 2022
Duration: 8 Weeks
Time: 7pm - 9pm
Location: TBC

Facilitators: Parenting NI
Enquiries/Referrals: 080 880 10722 (Freephone)



Full Programme on next page

Email

Martina.McCooley@southerntrust.hscni.net

Additional Contacts / Information

Lorraine O'Neill

Parenting Partnership Manager

CASS Centre

Lough Road

Lurgan

t: 028 38 310920 / 07880 474747

e: Lorraine.ONeill2@eani.org.uk

Martina McCooley

Child Development Interventions Co-ordinator

Southern Health and Social Care Trust

Promoting Wellbeing Division

t: 028 3756 4462 / 07795 450278

e: martina.mccooley@southerntrust.hscni.net

Please visit our webpage
<http://www.cypsp.hscni.net/ebpp/>
for further information



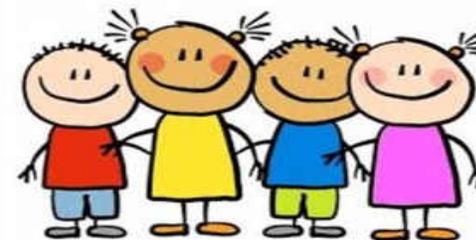
MAKING LIFE BETTER



Southern Health
and Social Care Trust
Quality Care - for you, with you

Evidence Based PARENTING SUPPORT PROGRAMME DELIVERY

*Giving every child
the best start / opportunity
in life.*



2021 / 2022

Southern Trust Programmes 2021/22

Programme Name	Attending	Start Date	Duration/ Time	Location	Referrals/Enquires	Additional info
EARLY YEARS						
Mellow Bumps	For Mums to be	8 September '21 or 9 November '21	6 weeks 10am-12pm	Zoom	e: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489 Maureen McSorley	<u>Delivery Partners:</u> Prog 1 Southern Trust Midwifery Service & Parenting Partnership Prog 2 Health Visiting & Parenting Partnership Referrals taken at any time for Mellow Bumps programmes
Mellow Bumps	For Dads to be	5 October '21	6 weeks 7pm-9pm	Zoom	e: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489 Maureen McSorley	<u>Delivery Partners:</u> Splash and Blossom, Sure Start
Incredible Babies (birth –1 year)	Parents & Babies	27 April '22	8 weeks 10am-11.30am	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	Delivered by Parenting Partnership
Incredible Yrs Autism & Speech & Lang Delay Programme Age (2-5 yrs)	Parents/ Carers	16 September '21	14 weeks 10am-12pm	Teachers Centre, Newry	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Southern Trust Autism Services
	Parents/ Carers	11 January '22	14 weeks 10am-12pm	Teachers Centre, Dgn	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Southern Trust Autism Services
SCHOOL AGE						
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	15 September '21	13 weeks 10am-12pm	Teachers Centre, Dgn	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> BCM & Parenting Partnership Priority will be given to referrals from Armagh / Dungannon Area
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	21 September '21	13 weeks 10am-12pm	Teachers Centre, Newry	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Bolster Community Priority will be given to referrals from Newry & Mourne Area
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	20 January '22	13 weeks 10am-12pm	TBC Lurgan area	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Parenting NI Priority will be given to referrals from Craigavon, Banbridge, Portadown & Lurgan areas
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	31 March '22	13 weeks 10am-12pm	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & STEP 2 CAMHS
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	31 March '22	13 weeks Evening	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & STEP 2 CAMHS



START SOMETHING

June 2021



Free courses for young people

Explore

Online, 16-24, 7-18th June
Improve confidence, one to one support

Enterprise

Online, 18-30
Info session: 1pm, 17th June
Programmes: 1pm, 1st-5th June & 22nd-26th June
Get support with your business idea

Get Started with Make Up

Belfast, 16-30
Programme: 10am, 1st-4th June

Get Started with Photography

Belfast, 16-30
Info session: 10am, 9th June
Programme: 10am, 14-18th June

Get Started with Football

Larne, 16-30
Info session: 10.30am, 21st June
Programme: 10am, 28th June-2nd July

Unlock Skills for Work

Online, 16-30, 10am, 28-29th June
Employability tips, interview skills, CV writing

Get into Security - SIA License

Online, 18-30
Taster session: 10am, 23rd June
Programme: 10am, 2nd-27th July

Essential Skills

Online, weekly, 16-30
ICT, English and Maths

Wellbeing Sessions

Online, weekly, 16-30

Team programme

12 week Team personal development programme for 16-25's across NI

Development Awards

Awards of up to £160 are available for 16-30's who are unemployed and not in education or training



www.princes-trust.org.uk
outreachni@princes-trust.org.uk
0800 842 842

Programmes suitable for young people not in full time education or employment.



This project is part funded by the European Social Fund programme 2014-2020 and Department for the Economy



June COURSE TIMETABLE

	E	A	S	T	H	U	B
Maintaining my Wellness	Tues	1st					2.30pm - 3.30pm
Getting a Good Night's Sleep	Wed	2nd					3.00pm - 4.00pm
Hope and Optimism	Tues	8th					10.30am - 11.30am
Finding Joy through Gratitude	Wed	9th					3.00pm - 4.00pm
Understanding & Managing Anxiety - Week 1	Thurs	10th					10.30am - 11.30am
Practising Self-Care	Tues	15th					10.30am - 11.30am
Understanding & Managing Anxiety - Week 2	Thurs	17th					10.30am - 11.30am
Mindfulness	Fri	18th					11.30am - 12.00pm
Managing Life after Lockdown	Mon	21st					7.00pm - 8.00pm
Coping with Change	Tues	22nd					10.30am - 11.30am
Mindfulness	Fri	25th					11.30am - 12.00pm
Managing Setbacks	Mon	28th					10.30am - 11.30am
Building a Healthy Self- Esteem	Tues	29th					7.00pm - 8.00pm

Call or email to book your space

NI (028) 3025 7012 or ROI 086 031 8919
recoverycollege.east@southerntrust.hscni.net

FREE ONLINE WORKSHOPS

COURSES DELIVERED VIA ZOOM



MEN'S HEALTH WEEK

Monday 14th - Sunday 20th June 2021



Making the Connections
Check In. Check Up. Check It Out.

www.mhfi.org

#MensHealthWeek
#CheckItOut



SUMMER MADNESS

ACTIVITIES INCLUDES

- Group Games
- Beach Days
- Day Trips
- Creation workshops
- Arts & Crafts
- BBQ's
- ...and much more!

RUNNING THROUGHOUT JULY & AUGUST



£50 PER WEEK

GREAT FUN WAITING FOR YOU

- JULY:**
 Monday 5th- Friday 9th July (7-10 year olds)
 Monday 19th- Friday 23rd July (11- 13 year olds)
 Monday 26th- Friday 30th July (7-10 year olds)
- AUGUST:**
 Monday 2nd- Friday 6th August (11-13 year olds)
 Monday 9th- Friday 13th August (7-10 year olds)
 Monday 16th- Friday 20th August (14-17 year olds)

TO BOOK YOUR PLACE CONTACT TARA
028 4488 1374
info@glebehousesni.com
www.facebook.com/GlebeYouth

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ENGAGING EFFECTIVELY WITH PARENTS

PRACTITIONER TRAINING
WEDNESDAY 16TH JUNE
10AM - 12PM (ONLINE VIA ZOOM)

Exploring:

- Importance of involving parents
- Benefits of Parental Participation
- Model of Best Practice
- Barriers/ Challenges
- Peer Learning
- Group Work

Register now

For more info or to book contact
elaine@parentingni.org

parentingni.org



Leading charity for parenting support



Download the **FREE** app now
Available on iOS and Android
Download on the App Store
GET IT ON Google Play



To register email elaine@parentingni.org



ParentingNI
Summer Practitioner Training

Wednesday 9th June
10am – 12pm > Transitions

- To enable practitioners to support parents to help their child through transition
- To identify the transitions children face
- To explore the impact these transitions can have
- To develop strategies to help make transition periods easier

Wednesday 28th July
10am – 12pm > Power of the Parent/Child Relationship

- To support practitioners in understanding and promoting the parent child relationship
- To explore the Parent Child Relationship
- To explore challenges that may incur and empower parents with practical ways to promote this relationship

Thursday 19th August
10am – 12pm > Building Children's Resilience

- To support practitioners in encouraging parents to promote their children's resilience
- To explore resilience
- The importance of promoting this with children and explore techniques to empower parents with practical ways to do this with their children

Thursday 12th August
10am – 12pm > Self-Care

- exploring the importance of self-care
- recognising burnout
- developing self-care strategies that can be practised and offered to parents.

Sessions are £20 + small booking fee per person. Register now:
<https://parentingforni.eventbrite.co.uk>



parentingni.org



ParentingNI
Summer Practitioner Training

Thursday 5th August
6pm – 8pm > Self Care

- exploring the importance of self-care
- recognising burnout
- developing self-care strategies that can be practised and offered to parents.

Tuesday 3rd August
10am – 12pm > Motivating Parents

- To support practitioners in encouraging motivation in parents
- To examine reasons why parents find it difficult to remain motivated and positive about their parenting role
- To explore techniques to empower parents to remain motivated
- To become more aware of the values and skills needed to encourage motivation in parents

Tuesday 17th August
6pm – 8pm > Motivating Parents

- To support practitioners in encouraging motivation in parents
- To examine reasons why parents find it difficult to remain motivated and positive about their parenting role
- To explore techniques to empower parents to remain motivated
- To become more aware of the values and skills needed to encourage motivation in parents

Sessions are £20 + small booking fee per person.
Register now:
<https://parentingforni.eventbrite.co.uk>



parentingni.org

To register [CLICK HERE](https://parentingforni.eventbrite.co.uk)

Summer Activities

SUMMER ACTIVITIES

With summer around the corner, we have created this resource to help you show your children what each day has in store, along with some ideas and activities you could do as a family.

Further Information [HERE](#)



Advice and information for 16 – 25 year olds

- Contraception advice
- Sexual health
- STI testing
- Herpes testing
- Smoking
- Drugs & Alcohol
- Physical health & wellbeing

Call or text:
0778 743 2845

or Email:
health.hub@
southerntrust.hscni.net

HEALTH HUB

Sexual health services for young people aged 16-25

How to access the Health Hub?

Due to COVID19, the Health Hub is now available online. Complete the registration form below to get in touch with our Nurse or Community Development worker or you can contact them via text message and What's App on 07787432845 or Health.Hub@southerntrust.hscni.net.

The Health Hub online registration form



libraries ni

Libraries NI is pleased to announce that local libraries will reopen for browsing and access for study facilities from 24 May.



ROSPA
The Royal Society for the Prevention of Accidents
accidents don't have to happen

**Are children there?
Be aware!**

At least **39** children have died in car accidents on or near the driveway of their homes since 2001

Advice available at
www.rospa.com/drivewaysafety

At least 39 children in the UK have been killed on, or near, the driveways of their home since 2001

- Most victims were toddlers – all were under seven years old
- Tragically it is often an adult member of the child's family, or a neighbour, driving the vehicle
- Over half of parents surveyed could recall their child following them out of the house without them realising*

Fact: 24 children have died after being hit by a reversing vehicle.

When a car is being reversed, the driver has a limited view - small children may not be visible in the mirrors. Where possible it is better to reverse onto a driveway and drive off forwards.

..... **Before you start:**

Where are the children?
They could appear unexpectedly

Check around the vehicle
Use the mirrors, look over your shoulder – be aware of blind spots

If possible,
ask another adult to guide you as you reverse

..... **As you reverse:**

Listen
Open your windows and turn down the radio

Go slowly
Keep checking all around

Continue to look
Don't just rely on mirrors

Further Information:
[CLICK HERE](#)

Safe from burns

“Everyone in the burns unit was there because of an accident. In a split second their whole life changed.”

Mum of little boy burned by a hot drink

A small child's skin burns really easily as it's so thin. Here's how to prevent serious burns:

Hot drinks – stay hot enough to scald a small child even after 15 minutes. 8 to 18 month-olds are most vulnerable as they love to grab.

- Look for safe zones in your house where you know your child can't reach your hot drink
- Try to get into the habit of putting your child down before you pick up your drink.

Hair straighteners – can get as hot as your iron and can still burn 15 minutes after they are switched off.

- Keep straighteners and wands out of reach when you're using them
- Put them in a heat-proof pouch or on a high shelf to cool.

Button batteries – if a child swallows a lithium coin cell battery (the round silver battery like a 5p coin) and it gets stuck in their food pipe, it can burn a hole and cause internal bleeding and even death.

- Keep any loose batteries out of reach and dispose of 'flat' batteries quickly and safely
- Keep objects out of reach if they have button batteries your child can get to.

Magnetic toys – high-strength magnets in toys can burn through the gut if your child swallows them.

- Buy from a reputable retailer or a brand name you know online or in-store, and avoid online marketplaces.



Cooking – young children don't automatically pull away from something that's burning them. They may forget the rules about not touching hot things.

- Push kettles to the back of the worktop and use the back rings of the cooker first
- If you're able to keep children out of the kitchen when you're cooking, great. Or try to keep them in a highchair or away from the cooker if not.

Bath water – these scalds are really nasty and can happen in seconds.

- Put cold water in first then top up with hot. Then you don't need to worry about there being a scalding bath your child could fall or climb into
- Test the temperature of the water with your elbow before putting your child into the bath
- Stay with your child in the bathroom in case they fiddle with the hot tap.

Fires and heaters – a risk to small children.

- Move cots away from radiators. Then your baby can't get their arm or leg trapped against the heat
- Fit fireguards around fires and heaters.

www.capt.org.uk

[@capt_charity](https://www.instagram.com/capt_charity)

[@ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

[@CAPTcharity](https://www.twitter.com/CAPTcharity)

child accident
prevention trust

Breathe easy

“He would have been much too young and would have been much too weak to release himself.”

Coroner's report, blind cord strangulation

Such a scary thought that something could stop your child breathing. But, the steps to stop that happening are simple and make sense.

Window blinds – it can take just 20 seconds for a toddler to die from strangulation with an unsafe window blind cord.

- Fit a cleat hook or tensioner to keep blind cords and chains safely away and always use them. New blinds should come with these
- Consider cord free blinds for children's rooms
- Remember children may climb and get higher than you think. Move bedroom furniture away from cords and chains
- Make sure the cords on the back of Roman blinds are connected using a device that breaks under pressure.

Sleeping and slings – babies can be suffocated by things they can't push away.

- A clear cot is a safe cot – avoid duvets, pillows and cot bumpers
- Don't sleep on the sofa with your baby as it increases their chances of suffocation massively
- If you're exhausted or have been drinking or smoking, or if they are premature or low birth weight, don't sleep with your baby in your bed
- Follow the T.I.C.K.S advice for slings or carriers www.babyslingsafety.co.uk

Nappy sacks – young babies naturally grasp things and pull them to their mouths, but aren't able to pull them away. They can suffocate on flimsy nappy sacks.

- Store nappy sacks well out of reach of babies
- Never store nappy sacks under the cot mattress.

Choking – babies and young children are still learning to chew, swallow and breathe in the right order. There's no sound to warn you. But there are simple ways to stop it happening.

- Don't prop a baby's bottle up to feed them
- Cut round food like grapes, tomatoes and big blueberries in half lengthways or quarters, not just across
- Cut hard food like carrots, apples, sausages and cheese into thin strips, and chop nuts up small
- Avoid popcorn, marshmallows and hard round sweets like mini eggs or boiled sweets
- Put small parts from older children's toys out of reach
- Watch the Chokeables film for first aid advice www.sja.org.uk/thechokeables



www.capt.org.uk

[@capt_charity](https://www.instagram.com/capt_charity)

[@ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

[@CAPTcharity](https://www.twitter.com/CAPTcharity)

child accident
prevention trust

Free from falls

“A preventable accident ends up with a shattered family. And that's just very tragic.”

Paediatric Neurologist (a doctor who specialises in child brain injury)

Scrapes and bruises are a part of growing up. But even a fall from a highchair can cause a bad head injury. That's because babies' heads are twice as big as ours, which makes them top-heavy. And when they land, their head takes much of the impact.

It doesn't make sense trying to stop all falls. But there are some serious ones you can easily stop once you know how and why.

Cots, beds and changing tables – now I can wriggle and roll!

- Even small babies can wriggle off a bed or changing table – so change their nappies on the floor and avoid leaving them on a raised surface
- As soon as your baby can stand, remove any large toys they might climb on to get out of their cot, preventing serious falls.

Stairs – I can shuffle and I'm off!

- Even before they're mobile, babies are injured when the person carrying them falls. So keep a hand on the rail going up and down stairs
- As soon as your baby starts moving around, fit safety gates to stop them climbing or falling down the stairs.

Highchairs – is that my drink?

- Children may try to get things that are out of their reach
- They may lean over the side and topple out or push themselves up and try to climb out
- Get into the habit of using the straps on the highchair every time you use it.

Windows – what's that I can see?

- Small children are curious and want to see what's happening outside but have no real understanding of danger
- Take care not to put furniture in front of windows, especially in children's bedrooms
- If you can, get safety catches or locks fitted on your windows
- If you opt for a lock, keep the keys somewhere you can find them, in case there's a fire and you need to get out.

Trampolines – how high can I bounce?

- The biggest risk from trampolines is having two people with very different weights
- Let children take it in turns and avoid adults and children jumping together
- Use a safety net or cage so children can't be thrown onto the ground.



www.capt.org.uk

[@capt_charity](https://www.instagram.com/capt_charity)

[@ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

[@CAPTcharity](https://www.twitter.com/CAPTcharity)

child accident
prevention trust



Department for Digital, Culture, Media & Sport

FINAL ROUND OF TAMPON TAX FUND LAUNCHED

£11.25 million to be made available for charities working with disadvantaged women and girls

Threshold for applications reduced to £350,000

A pot of £11.25 million has been made available to charitable organisations to bid for, with priority given to those working to end violence against women and girls, as well as organisations that support a network of charities.

The deadline for applications is **Sunday 4th**

July 2021.

Charities can find out more [here](#).



Small Capital Grants Programme

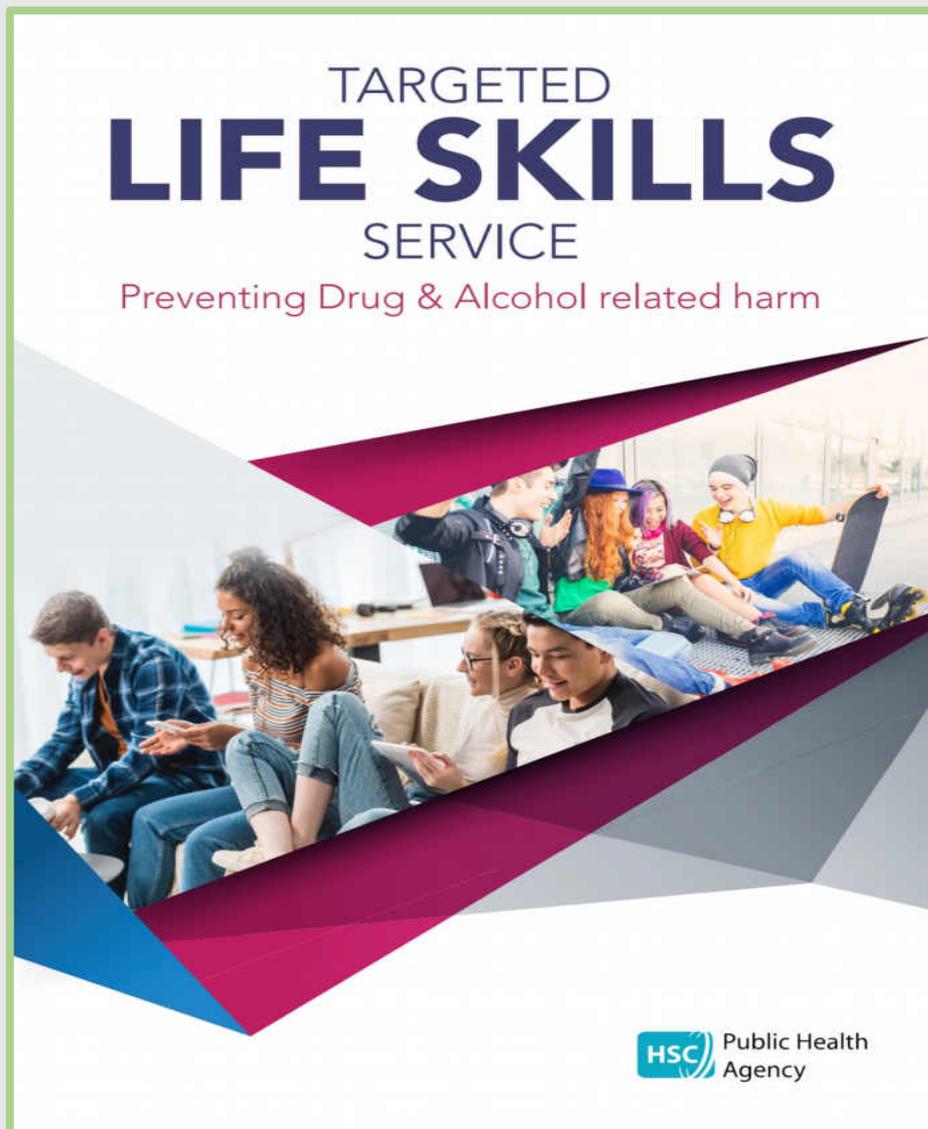
On behalf of the Department for Communities (DfC), Co-operation Ireland announces the opening of the 2021/22 Small Capital Grants Programme for Northern Ireland.

The Programme, which has a total fund of £950,000, is aimed at assisting voluntary and community organisations purchase items of equipment to enhance and sustain the activities and services they provide to the community.

Application forms and guidance notes can be accessed at:

<http://cooperationireland.org/projects/small-capital-grants-programme>

Completed applications should be emailed to smallcapitalgrants@cooperationireland.org, and must be received by 12 noon Friday 25th June 2021. Interested groups are encouraged to submit completed applications as soon as possible.



The Targeted Life Skills service delivers age-appropriate life skills and harm reduction programmes to vulnerable young people using, or at-risk of using, substances.

Topics covered:

- Dealing with Difficult Emotions
- Media and its influence
- Healthy Relationships
- Risk Taking Behaviour
- Energy Drinks
- Cannabis
- Alcohol

Contact: nikki.cullen-hunter@start360.org

Website [CLICK HERE](#)



Parents, carers, family members...

**if you need us
we're here.**

Call Parentline NI today for advice, support or guidance.

FREE LOCAL HELPLINE

0808 8020 400

Chat online: www.ci-ni.org.uk
Email: parentline@ci-ni.org.uk

Open 6 days a week:
Mon-Thur 9am-9pm
Fri 9am-5pm, Sat 9am-1pm

Parentline NI is a service operated by
Children in Northern Ireland & Republic NI,
Funded by the Health and Social Care Board.



For more advice / support / guidance:

Call ParentLine **FREE** on **0808 8020 400**

[Webchat](#) / [E-mail](#) / [Podcasts](#) / [YouTube](#)



The Formative Years



Parentline NI is running **FREE** sessions on how parents can support their children through their formative years

Session 4: Managing Transitions

Young children experience a number of transitions from starting pre-school or primary one, going to day care/childminder or going from one parent to another for co-parenting arrangements.

There are many smaller transitions during the day too e.g. transitioning from one time of day to another such as evening to bedtime or from play to mealtimes.

This session will be delivered by Susan Wallace from Settled Petals and will be packed with helpful strategies to maintain consistency, reduce separation anxiety and manage endings.

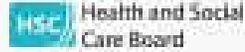
When: Monday 21st June 2021
Time: 10am-11am, via Zoom
For more information or to book a place call free 0808 8020 400



 [Facebook.com/parentlineni](https://www.facebook.com/parentlineni)



relate ni
the relationship people



Your partners for professional counselling



Why Relate NI?

Our Expertise

In choosing Relate NI for your clients, you can be sure of a highly skilled and trained counsellor to attend to their needs. As a professional counselling organization we work to the highest quality standards, adhering to best practice across both clinical and business operations.

Relationships are critical to our well-being, and the evidence has demonstrated that they impact on a whole range of outcomes relevant to public policy. Parenting, educational attainment, physical and mental health and well-being; domestic abuse and violence; and the prevention of offending behaviour are just some examples of issues in which relationships play a fundamental role.

Our Services

Relate NI's counselling services support individuals, parents, carers and families where there may be a complexity of issues, including alcohol and drug misuse, mental health problems, joblessness, domestic abuse, fostering and adoption, blended families and family relationship difficulties. They may also be impacted by law self esteem.

Our therapeutic counselling aims to provide a safe, secure and supportive environment to improve their personal and family relationships.

- Our services include:
- Relationship counselling
 - Separation counselling
 - Family counselling
 - Individual counselling
 - Sex Therapy
 - Young People Counselling

Promoting Healthy Relationships



Relate NI has helped me move on, to understand myself and my situation more. My counsellor listened to me, facilitated me and was compassionate!

Amazing counsellor, parent understanding with fresh perspective and thoughtfulness



85% of people said they wished they had attended Relate NI sooner

Website: [CLICK HERE](#)

NSPCC 'Learning'

We are delighted to let you know that we have launched our new safeguarding and child protection self-assessment tool on NSPCC Learning: nspcc.org.uk/self-assessment-tool

Our free online tool provides a step-by-step guide to help you audit your school or organisation's current safeguarding and child protection arrangements, supporting you to make any changes and identify areas for development.

You can use the tool to:

- work through a set of questions
- easily identify areas for development based on your responses
- get advice and resources to help improve policies and practice
- access your tailored action plan to save, print and share
- revisit as many times as you like to update your progress.

[> Start your assessment today](#)

CYPSP is working in partnership with GamCare to deliver a range of **FREE** accredited gambling awareness training sessions for Locality Planning Group members

Training Options and Dates

Monday 7th June at 2pm

One-hour Gambling Awareness

Workshop

(further details overleaf)

Click [HERE](#) to book

Monday 14th June at 2pm

Three-hour Brief Intervention Training

(further details overleaf)

(Limited to 25 people)

Click [HERE](#) to book



Monday 20th September at 2pm

Gambling and Gaming (1.5 hours)

(further details overleaf)

Click [HERE](#) to book

Monday 27th September at 2pm

Three-hour Brief Intervention Training

(further details overleaf)

(Limited to 25 people)

Click [HERE](#) to book

All training will be delivered via zoom

For further information contact una.casey@hscni.net or 02895362848

CYPSP Translation Hub

CYPSP brings together a range of agencies to improve outcomes and lives of children, young people and their families in Northern Ireland



Children & Young People's Strategic Partnership



1.9 million people live and work in Northern Ireland
approx. **54,500+** speak English as a second language

We completed a survey with **83** groups supporting **7,000+** families and analysed the results

A Key area identified was: Lack of Interpreters / Translations in a Central Resource

CYPSP developed a Translation Hub that provides important information translatable into **110** languages on Health, COVID-19, Family Support, Education, Housing, Employment and much more for Parents, Carers, Professionals and Support groups

Since August 2020 the Translation Hub has been visited **12,000+** times and is now recognised as a key resource

The Translation Hub brings together information from our partners

- Health & Social Care Board
- Business Services Organisation
- Public Health Agency
- Police Service of Northern Ireland
- Health Trusts
- NI Housing Executive
- Education Authority
- Community / Voluntary Sector Groups



[Click Here to bring poster to life](#)



Frontline Social Workers , Social Care & Health Care staff can access the Translation Hub on their phones using the QR code

If you would like to know more or suggest new content
email : cypsp@hscni.net

www.cypsp.hscni.net/translation-hub

Produced by CYPSP Information Team



English

CYPSP
Children & Young People's Strategic Partnership

The CYPSP Translation Hub provides you with important information on Health, COVID-19, Education, Housing, Employment, Contacts for support and much more.....

www.cypsp.hscni.net/translation-hub

Health, Family Support, Education, Housing, Employment, Safety, COVID-19, EIT Settlement Scheme, Sign Language, Contacts

CYPSP
Children & Young People's Strategic Partnership

Welcome to the Translation Hub

العربية

This page is best viewed with the Browsealoud application open, click on the icon in the top right corner and select the language of your choice by clicking on the toolbar above.

If you would like to add content, contact information or a link - email: cypsp@hscni.net Please share widely

To access the page Click [HERE](#).

Services Available Through The Hub May Include...

- Practical Support
- Drug & Alcohol Support
- Emotional Health & Wellbeing
- Signposting to Other Supports
- Family Support
- Education Support
- Advice & Guidance
- Youth Support
- Parenting Programmes
- Behaviour Support
- Parenting Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"

There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
SPACE
24 Monaghan Street, Newry
BT35 6AA
T: 028 30835764
E: familysupporthub@space-nt.com

Southern Area FAMILY SUPPORT HUB

Many families need a little extra help sometimes

Information for Families

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include: Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services, Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216493917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0-17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with

- Children's wellbeing
- Managing behaviours
- Social isolation
- Family routines
- Domestic violence
- Change of family situation
- Support with young children
- Alcohol / drug misuse
- Establishing boundaries / tech
- Teen issues

Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.

Our 3 **Family Support Hubs** in the Southern Area continue to operate and are open for referrals
 Due to ongoing developments with COVID-19, access to Family Support agencies during this time will be
 subject to individual projects ability to respond

Please make any **referrals by e-mail** (E-mail addresses available [HERE](#))

Link to latest Family Support Hub Newsletter [Click Here](#)

ONLINE RESOURCES & INFORMATION



The screenshot shows the CYPSP website homepage. At the top left is the CYPSP logo. To the right are navigation links: ABOUT US | News & Events | Publications | Links | Contact. Below these is a search bar and social media icons for Facebook, Twitter, and YouTube. A dark blue navigation bar contains the following menu items: CYPSP, Outcome Based Planning, Outcomes Groups, Regional Sub-Groups, Task & Finish Groups, Locality Planning Groups, Family Support Hubs, Parent Support, EITP, and CYPSP Resources. The main content area features a large image of a child's face with hands in the foreground. Overlaid on this image is the text: "Children and Young People's Strategic Partnership" and "Agencies, children and young people, families and communities across Northern Ireland working together - to improve outcomes for children and young people through integrated planning and commissioning". Below the image is a row of eight icons with labels: Venue Locator, Translation Hub, COVID-19 Support & Resources, Parent Support, Maps, Profiles & Reports, Mapping Children's Outcomes, Adverse Childhood Experiences (ACE), and Think Family.

Calling all children, young people, parents/carers, colleagues!

Visit our **central resource** [HERE](#) & **filter by theme** for fun activities, education, books, art, recipes, parenting support, help, contacts & advice all **updated daily**

CORONAVIRUS (COVID-19)

www.nidirect.gov.uk

**WE ALL
MUST DO IT
TO GET
THROUGH IT**



FOR ONGOING CORONAVIRUS INFORMATION, ADVICE & UPDATES VISIT:



[HERE](#)



[HERE](#)



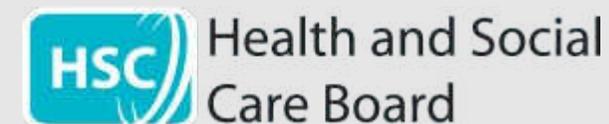
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[HERE](#)



[HERE](#)



[HERE](#)

COVID-19
YOUR GUIDE TO WHAT YOU CAN DO

Northern Ireland Executive

 <p>Private dwellings</p> <ul style="list-style-type: none"> Up to six people from two households can mix indoors (children aged 12 or under not counted). A household of six or more can mix with one other household (maximum of 10 people/ children aged 12 or under not counted). 	 <p>Overnight stays</p> <ul style="list-style-type: none"> Up to six people from two households can stay together overnight (children aged 12 or under not counted). A household of six or more can stay with one other household (maximum of 10 people/ children aged 12 or under not counted).
 <p>Gardens</p> <ul style="list-style-type: none"> Up to 15 people (including children) from no more than three households. 	 <p>Outside gatherings</p> <ul style="list-style-type: none"> No more than 500 people can take part in an outdoor gathering. Outdoor gatherings of 30 people or less do not require a risk assessment.
 <p>Work</p> <ul style="list-style-type: none"> Continue to work from home if you can. If you need to go to a place of work remember to keep your distance from others and try to avoid car sharing. 	 <p>Inside gatherings</p> <ul style="list-style-type: none"> The numbers to be determined by a venue risk assessment. Indoor gatherings of 15 people or less do not require a risk assessment.
 <p>Outdoor sports</p> <ul style="list-style-type: none"> All outdoor sport permitted. Maximum number of participants, including coaches and support staff is 500 people Maximum number of spectators is 500 people. Risk assessment if more than 30 in attendance. 	 <p>Indoor sports</p> <ul style="list-style-type: none"> All indoor sport and leisure venues open. Group exercise/training is permitted. A risk assessment must be completed if more than 15 people participating. Shared facilities open for use.
 <p>Hospitality</p> <ul style="list-style-type: none"> Maximum of six people can be seated together (children aged 12 or under not counted). More than 6 allowed if from single household/ bubble (maximum 10). Contact details must be provided. 	 <p>Accommodation & Visitor attractions</p> <ul style="list-style-type: none"> Overnight stay rules apply. Shared facilities open for use. Contact details must be provided. Wear a face covering in all indoor visitor attractions, unless exempt.
 <p>Weddings and civil partnerships</p> <ul style="list-style-type: none"> Numbers attending will be determined by a venue risk assessment. Apart from the 'top table', table numbers are restricted to 10 (children under 12 not counted). 	 <p>Retail</p> <ul style="list-style-type: none"> Wear a face covering when you go to any retail premises, including any indoor area of a shopping centre, unless exempt.
 <p>International Travel</p> <ul style="list-style-type: none"> Complete a UK Passenger Locator Form. Provide evidence of a negative COVID-19 test. Depending on where you have travelled from, you may need to isolate for 10 days either at home or in a designated hotel and take a PCR test. 	 <p>Travel within the CTA</p> <ul style="list-style-type: none"> You can travel within the Common Travel Area to visit family and friends. You are strongly advised to take a pre-departure Lateral Flow Device (LFD) test, and then a LFD test on day 2 and day 8 after you return home.

Exemptions and mitigations apply.
Get up-to-date advice at: nidirect.gov.uk/coronavirus
This page is a summary of what you can do. It is not a definitive statement of the law and should not be relied upon as such.

WE ALL MUST DO IT TO GET THROUGH IT

- KEEP SOCIAL DISTANCE
- KEEP SEPARATE
- WEAR FACE COVERINGS
- WASH HANDS

Text-a-Nurse
is a new confidential text messaging service for young people aged 11-19



Department of Education www.education.ni.gov.uk

HSC Public Health Agency

HSC Health and Social Care

ChatHealth

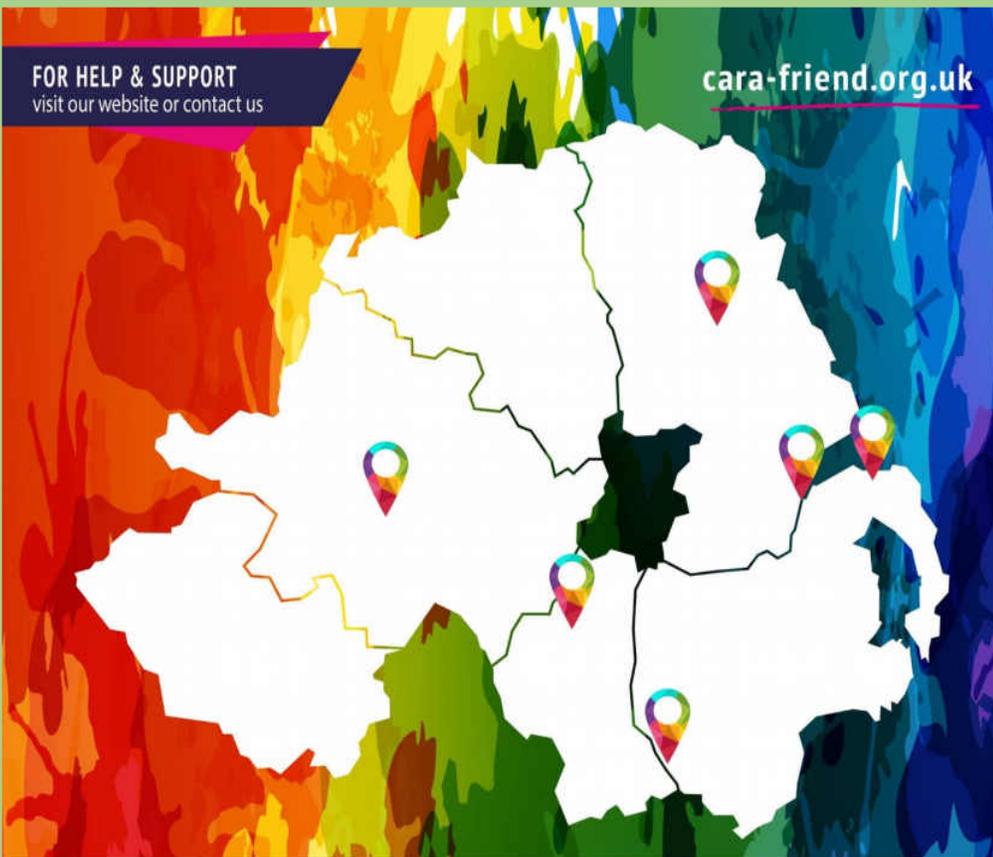
A new Text-a-Nurse service has been launched to provide young people with a secure and confidential text messaging service to a school nurse for advice and support.

The service is aimed at 11 to 19 year olds and will be delivered by the School Nursing Teams.

Southern Trust Text –A-Nurse 07507 328057

FOR HELP & SUPPORT
visit our website or contact us

cara-friend.org.uk



Cara-Friend LGBTQI+ Youth

New Regional Youth Groups in Belfast, Ballymena, Armagh, Bangor, Newry & Omagh for LGBTQI+ young people between the ages of 12 - 25

For more information or to get signed up to one of our youth groups please contact the youth team at youthsupport@cara-friend.org.uk or send us a message!

 @CaraFriendNI  @CaraFriendNI  @Cara.Friend.NI  028 9089 0202

Email: youthsupport@cara-friend.org.uk



DfC Neighborhood Renewal Youth Engagement Plus Funding

The Education Authority has received funding from the Department for Communities under Neighbourhood Renewal to provide a Youth Engagement Programme from 2011 to 2022. This programme is delivered in association with Education Authority Youth Service.

Neighbourhood Renewal programmes must deliver age-appropriate activities and combine developmental programmes consistent with agreed Neighbourhood Renewal Armagh outcomes

Programmes will be delivered during the financial year **1 April 20 - 31 March 2022** and demonstrate value for money through the number of beneficiaries and duration of programme.

NB: All activities must be completed by February 2022

Applicants are advised to choose one of the following three themes

Theme 1: Educational attainment and Employability Skills.

- Theme 2: Health and Wellbeing
- Theme 3: Youth Engagement

Closing date is ***Friday 11th June @ 12 noon***

Email: Louise.Henderson@eani.org.uk

Tel: 07876136508

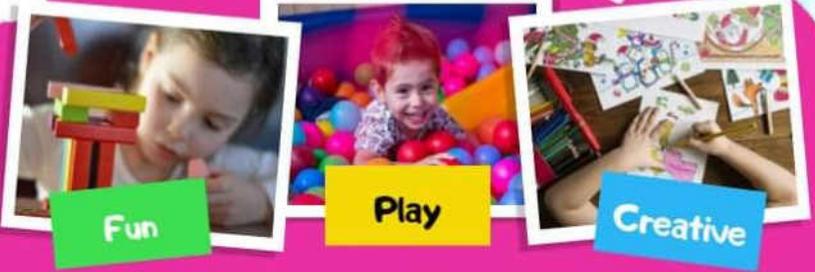
ACTIVE ACADEMY
Lislea
Community
Centre

Limited
place-
book now

KIDS

£35
per week,
per child,
(discount for
families).

SUMMER CAMP



Fun **Play** **Creative**

Multi-sports-
(Gaelic, soccer, etc.)
Dance, Arts and Crafts,
Fitness and much more!!

05th-9th July
12th- 16th July
10am-2pm
Primary 4 - Year 9
(Early drop off and
late picks up available)

Please contact: Louise McNulty 07570551125 Niamh Marley 07749104271
Made with PosterMyWall.com

infinity

Swim Academy



ADVENTURE CENTRE

infinity SUMMER CAMP

19th - 23rd July 2021
10 am – 1pm Daily (Bring snacks and a drink)
Age 7+ Level 4 Swim Ireland Learn to Swim and above
Cost £70

Activities include pool swimming, waterpolo, lifesaving,
mountain hiking, open water swimming, kayaking
and much more. FUN in, on and around the water

028 30 838915 infinityswimacademy@gmail.com
www.infinityswimacademy.com 101 Camlough Road Newry BT35 7EE

Summer Scheme registration evening -**Monday 14th and 21st of June 2021 - 7pm - 8.30pm**

(To register for Summer Programmes)

Junior Summer Scheme -

Week One - 19th - 23rd of July 2021 - 10am - 3.30pm

Week Two - 26th - 30th of July 2021 - 10am - 3.30pm

The theme this year is Olympics and we have a number of activities and trips planned with the children.

This is open to young people aged from 7 - 11 - Year 4 - Year 7

Senior Summer Scheme

2nd - 6th of August 2021 - 10am - 3.30pm

Reengagement of Young People

This is open to Young people aged 12 - 17 years

Lots of activities and trips planned for this age range.

Banbridge Building Bridges TBUC Camp -

July 2021 - October 2021

The young people will participate in a week long programme of Community Relations starting **5th - 9th of July** 2021 - some evening sessions in July - TBUC Camp September 2021 - October 2021**Saturday Sessions - June - July 2021**

We will also be going out Saturday Afternoons in Banbridge Solitude Park for Games with Aims, quizzes, art and getting to know young people in the area.





Multi-Activity day camps

AGE - Our day camps are suitable for children aged 4 - 14 years old. Children will split into age-specific groups for certain activities, however, will also be in close proximity to other sibling/groups.

TIME - We open our doors for arrivals at 9 am (activities start at 9.10 am) and finish at 3 pm. Camps will run Monday - Friday.

Pricing

Full Week, Monday - Friday (30 Hours): £70

Daily Rate: £16



Booking
<https://activityni.coordinate.cloud/list?location=lurgan&activity=&name=&dates=>



Booking
<https://www.activityni.co.uk/summer-camps>



**ATTENTION ALL
PARENTS, CARERS,
TEACHERS &
YOUTH WORKERS**

Do you know a teenager leaving school and not sure what they want to do next?

People 1st are holding **Summer Sessions** throughout June, July and August to help your 16 - 17 year olds decide their next step.

**FREE SUMMER
SESSIONS**

FREE 2 hour (max) Vocational Sessions

FREE 2 hour (max) Mental Health Awareness Session

FREE 2 hour (max) Wellbeing Session

6 FREE sessions of Driving Theory - to get them on the road!

Delivered via Zoom from the comfort of their home, they will meet our Student Support Officers and Vocational Tutors to help guide them with their future plans!



Want to know more?

Contact Eimar on

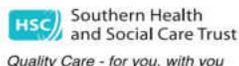
02838 620 954

e.omalley@people-1st.co.uk

ABC LONELINESS NETWORK LAUNCH

for the Armagh, Banbridge and Craigavon area, will take place on the **23rd June 2021 from 2pm to 4pm via Zoom**. Key note addresses from the Commissioner for Older People Eddie Lynch and the Commissioner for Children and Young People Koulla Yiasouma.

This is an opportunity for organisations and groups to take collective action to raise awareness of the impact of Loneliness and improve the lives of people in our communities.



To register for the launch please email Rebekah.lee@southerntrust.hscni.net or telephone **028 3756 3946** with your details.

See information regarding the launch of the forthcoming ABC Loneliness Network on Wednesday 23rd June. This is an invitation for organisations and groups to work in partnership to raise awareness of the impact of loneliness and improve the lives of the people in our communities.

Launch of the ABC Loneliness Network that will take place on Wednesday 23rd June 2pm-4pm via zoom.

To register your attendance, please contact Debbie Smith by email Debbie.smith@southerntrust.hscni.net or Rebekah Lee by telephone 028 3756 3946.

Join Our Free Mental Health and Wellbeing Workshops



Further info: [CLICK HERE](#)

Armagh City, Banbridge and Craigavon Borough (ABC) Council is encouraging local residents to check out its range of free workshops and online events aimed at exploring various aspects of mental health and wellbeing.

- **Misuse of Over-The-Counter Drugs: Wednesday 16 June 2021, 7pm-9pm.**
- **Supporting Children and Young People to Build Resilience During Covid-19: Wednesday 23 June 2021, 7pm-9pm.**
- **Trauma, Growth, and Possibilities for the Helping Professions: Wednesday 30 June 2021, 7pm-9pm.**
- **Speaking the Unspeakable – Communication and Covid-19: Wednesday 7 July 2021, 7pm-9pm.**
- **Dealing with the Legacy of the Past in Northern Ireland: Wednesday 21 July 2021, 7pm-9pm.**
- **Brain Development in the Context of Childhood Trauma: Wednesday 28 July 2021, 6pm-9pm.**



Ag freastal ar an Dúin
agus Ard Mhacha Theas
Serving Down
and South Armagh



Comhairle Ceantair
an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down
District Council

STEM Summer Camps 2021

Newry, Mourne and Down District Council in conjunction with Sentinus are offering the following STEM Summer Camps which will engage practical hands-on STEM activities which will help develop a range of skills in a fun context. There is an associated cost of £15 per person per camp and at the end of each camp all participants will receive a goody bag including an Omniplex Cinema voucher.

Location and Date	Morning session Camp 9.15am – 12.30pm (8 - 11 Years)	Afternoon session Camp 1.45pm – 5pm (12 - 14 years)
19 – 22 July Kittys Road Community Centre, Killeel	Codey Rocky <i>Learning to code with Codey Rocky bot</i>	Green Technology <i>Introduction to renewable energy technology</i>
26 - 29 July Carcullion House, Hilltown	Codey Rocky <i>Learning to code with Codey Rocky bot</i>	Flight Path <i>Introduction to flight and how planes fly</i>
2 – 5 August Market House, Ballynahinch	Codey Rocky <i>Learning to code with Codey Rocky bot</i>	Flight Path <i>Introduction to flight and how planes fly</i>
2 – 5 August Cullyhanna Community Centre, Cullyhanna	Flight Path <i>Introduction to flight and how planes fly</i>	Green Technology <i>Introduction to renewable energy technology</i>
9 – 12 August Cloughreagh Community Centre, Bessbrook	Flight Path <i>Introduction to flight and how planes fly</i>	Green Technology <i>Introduction to renewable energy technology</i>

For further information and bookings please email ccbookings@nmandd.org and state the location and morning or afternoon session.

Payment will be taken by card over the phone. Bookings will only be confirmed when payment has been received. Payments are non-refundable.

www.newrymournedown.org



Join us for our 2021 summer scheme for an action packed week of activities including:

- Pony Trekking
- Kite Making
- Arts & Crafts
- Scavenger Hunts
- Assault Courses
- Team Games

OPEN TO CHILDREN P1 - P7

£30 Per Day
with discounts for larger families

Location: Narrow Water Equestrian Centre
Time: 9am - 3.30pm
Dates: 2nd, 3rd, 4th, 5th & 6th August
(children can attend one or more days)
All snacks included, please provide pack lunch



To register, contact
028 3083 5764

bolstercommunity.org

BOLSTER
COMMUNITY

SUBMIT YOUR INFORMATION / UPDATES / RESOURCES TO: localityplanning@ci-ni.org.uk



1 of 1

PCSP Policing & Community Safety Partnership

KEYHOLE SURGERY LOCKSMITHS

Is Your Home Secure?

Newry, Mourne and Down PCSP's Home Secure Scheme engages trained staff to fit a range of safety devices that help vulnerable residents or victims of crime feel safer in their homes.

FREE SERVICE

Equipment can include

- door chain or viewer
- window alarms
- oil tank alarms
- night security lights
- decoy cameras

If you or someone you know may benefit from registering for PCSP's Home Secure Scheme, please email us at pcsp@nmandd.org

In Newry, Mourne and Down Council area



REGENER8

PERSONAL YOUTH DEVELOPMENT PROGRAMME

Focusing on re-engaging young people into the community

Running May 2021 - March 2022 providing:

- Fun Activities & Trips
- Employability Support
- Level 1 & 2 Qualifications (GCSE Equivalent)
- Diversity Level 1
- Cross-Community Projects
- Work Experience
- Workshops (including Mental Health & Addiction)

Free Driving Lessons, Provisional Licence and Driving Test

ESSENTIAL CRITERIA

- Age 16 - 25
- Not in Education, Employment or Training
- Involved in anti-social behaviour
- At risk of Criminal/Paramilitary Involvement

POSTER FOR INTERNAL USE ONLY

To apply or for more information contact Leah King on 028 3089 8119 or email leah.king@clanryegroup.com

Travel and Lunch provided

Running 3 Days per Week

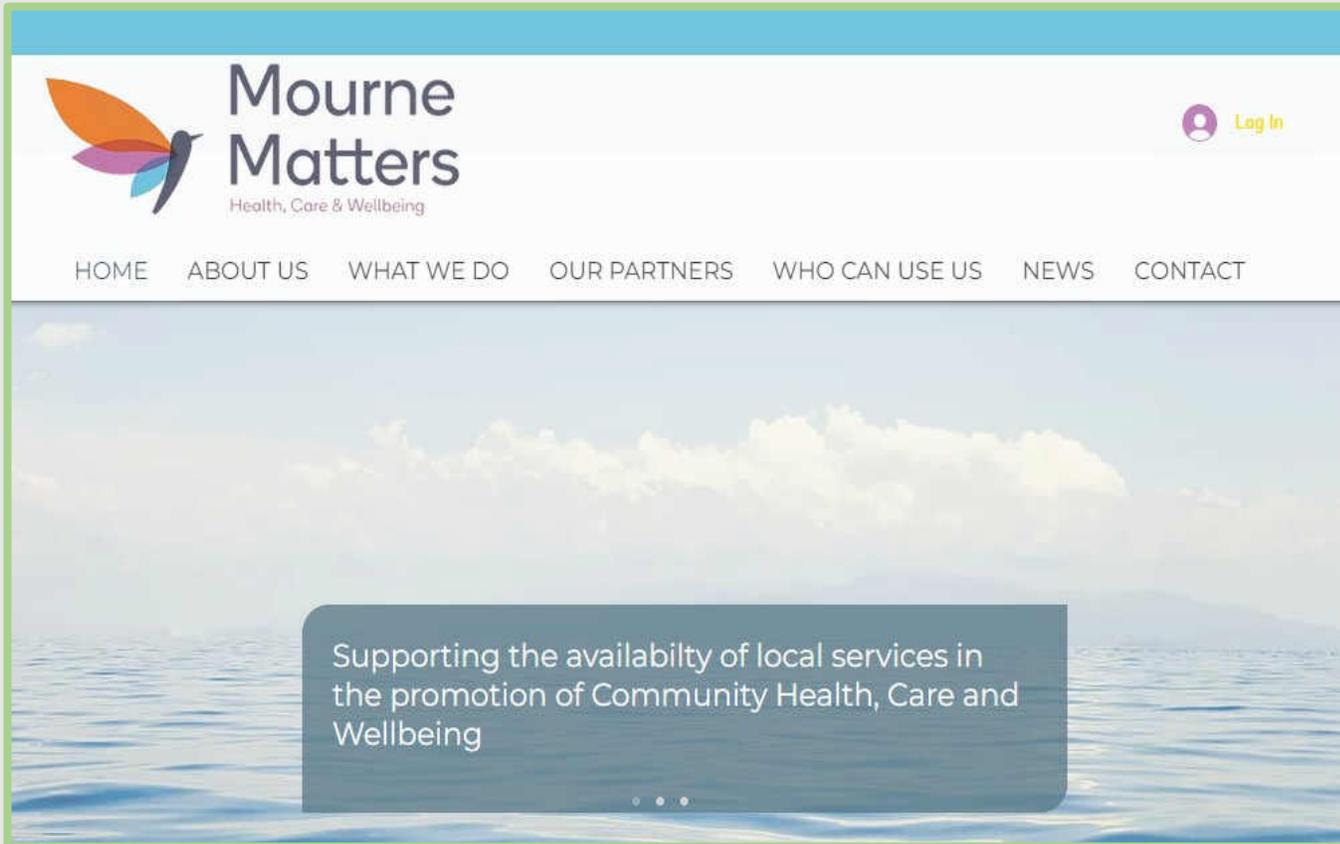



INTERNATIONAL FUND FOR IRELAND

rural ACTION MAKING IT HAPPEN

Visit us at www.clanryegroup.com

Email Leah.king@clanryegroup.com



Mourne Matters can help you if:

- Live in the Mourne or surrounding area
- Are over 20 years of age and are in need of mental health support.
- Are a child, guardian or concerned adult looking for mental health support or advice for a loved one/friend.
- Are a health professional eg GP, Pharmacies or local businesses looking for mental health support or advice for someone.

Website: [CLICK HERE](#)



For Your Information

*** UPCOMING 2020/21 LPG MEETINGS ***

Newry LPG: 23rd June 2021

Armagh LPG: 1st July 2021

Craigavon LPG: 7th September 2021

Banbridge LPG: 15th September 2021

Dungannon LPG: 1st June 2021

South Armagh LPG: 22nd June 2021

Per ongoing guidance, all meetings are currently planned to take place via Zoom and will begin at 10am

View / Share recent editions of 'FYI' newsletter:

[Issue 60 – 27th May](#) [Issue 59 – 13th May](#)

Some friendly guidance to those who are submitting information to FYI:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

For general newsletter information, contact:

Kerry O'Hagan @ localityplanning@ci-ni.org.uk or Darren Curtis (07725232566)

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR