

# DYSPHAGIA: HOW IS IT ASSESSED?

## Clinical examination:

Looking, feeling and listening for signs of dysphagia, sometimes using a stethoscope.

## Videofluoroscopy:

An x-ray where food and drink is mixed with barium so we can see exactly what happens when a person swallows.

## Fibreoptic endoscopic evaluation of swallowing (FEES):

A small endoscope is passed through the nose to visualise the larynx (voice box) and airway during the swallow.



FIND OUT MORE AT [RCSLT.ORG/DYSPHAGIA](https://www.rcslt.org/dysphagia)

