



ParentingNI

Supporting Parents of Teenagers

Being a parent of a teenager can be challenging, especially now with Covid-19.

Parenting NI through funding sourced from the Community Foundation New Need Fund are providing the following **FREE ONLINE** sessions for **PARENTS**

Supporting Teenagers Emotional Health

~Wed 10th Feb ~ 7-8pm

Supporting Teenagers with their Body Image

~Wed 17th Feb ~ 7-8pm

Reducing Conflict in the Home

~Wed 24th Feb ~ 7-8pm

Reducing Risk Taking Behaviour

~Wed 3rd March ~ 7-8pm

Promoting Teenagers Resilience

~Wed 10th March ~ 7-8pm

To register: <http://bit.ly/PNIevents>



parentingni.org

