SPERRINVIEW Jan 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 7/1/19	Pasta Bolognese Peas Mashed potato & Gravy Fruit Sponge Custard	Chicken curry & rice carrots Mashed Potatoes Semolina Fruit	Fish Fingers Baked Beans Sweetcorn Mashed Potatoes Chocolate Sponge Custard	Roast Chicken & Stuffing Baton Carrot Mashed Potatoes Rice Krispie Square Custard	Oven cooked sausages Mixed Vegetables Chips & Mashed Potato Frozen yoghurt
Week Two 14/1/19	Steak Casserole Carrots & Peas Mashed Potato & Rice, Gravy Jam Sponge Custard	Home Made Pizza Peas Chips Mashed Potatoes Fruit /Jelly & Custard	Cottage Pie Baked Beans / Peas Mashed Potato Rice Pudding peaches	Roast Pork & Stuffing Brocolli Mashed Potatoes Gravy Chocolate Cracknel Custard	Chicken Pasta Bake Sweetcorn Chips/mashed potatoes milk shake shortbread
Week Three 21/1/19	Chicken Curry & Rice peas Mashed Potatoe Chocolate Sponge Custard	Oven Baked Sausages Beans & Peas Chips /mashed potatoes Ice Cream Wafer Fruit	Breaded Fish Sweetcorn Mashed Potatoes Apple Crumble Custard	Roast Chicken & Stuffing Baton Carrot Mashed Potatoes Rice Krispie Square Custard	Homemade Pizza peas Chips / mashed potatoes Rice Pudding & Peaches
Week Four 28/1/19	Sweet & Sour Chicken Peas Mashed Potatoes / rice Gravy Fruit Sponge Cake Custard	Savoury mince Turnip Mashed potatoes Gravy Fruit Jelly Custard	Chicken Crumble Beans/Sweetcorn Mashed Potatoes Gravy Semolina & pears	Baked Gammon & Stuffing, Gravy, Baton Carrots Mashed Potatoes Chocolate Cake & custard	Chicken Nuggets Peas Mashed Potatoes /Chips Artic Roll

school food

try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If your require any additional information on allergens or special diets please contact the school in the first instance.



	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian					
Soup					
Main Courses					
Snack Items					
Desserts					

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September
Week One

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

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